

Body Maxx

	SET _____ REP _____	SET _____ REP _____	SET _____ REP _____	SET _____ REP _____	SET _____ REP _____
	WEIGHT _____ SET _____ REP _____	WEIGHT _____ SET _____ REP _____	WEIGHT _____ SET _____ REP _____	WEIGHT _____ SET _____ REP _____	WEIGHT _____ SET _____ REP _____

Body Maxx

SET _____	SET _____
REP _____	REP _____
WEIGHT _____	WEIGHT _____
SET _____	SET _____
REP _____	REP _____